



ISSN (ISSN-L) 0030-9982

Impact Factor 0.09

Journal of the Pakistan Medical Association (Centre)

Editorial Board

Chairman

Editor-in-Chief

Associate Editor-in-Chief

Associate Editors

Editor, Students' Corner

Statistical Reviewers

Managing Secretary

Administrative Secretary

Members

Aamir Raof Memon
Aamna Hassan
Abu Talib
Aisha Mehnaz
Ali Yawar Alam
Anwar Ali Siddiqui
Asad Pathan
Asif Khaliq
A. R. Jamali
Asad Pathan
Bushra Shirazi
Farooq Azam Rathore
Fehmina Arif
Gulnaz Khalid
Muhammad Iqbal Afridi
Kaleem Thahim
Khalid Zafar Hashmi
Kiran Ejaz
Manzoor Hussain
Masood Shaikh
Mehwish Kashif

Shahid Ahmed Sami
Fatema Jawad
Huma Qureshi
Qudsia Anjum Fasih
Sina Aziz
Syed Muhammad Mubeen
Warisha Fatima
Kanza Ateeque
Nazish Masud
Mahjabeen Khan
Syed Muhammad Zulfiqar Hyder Naqvi
Anwar Ali Khawaja
Ahmed Abdul Majid

Mirza Naqi Zafar
Mohammad Wasay
Muhammad Jamal Uddin
Muhammad Shahzad Shamim
Nilofer Safdar
Nosheen Zehra
Ramsha Zaheer
Rehman Siddiqui
Rubina Naqvi
Rumina Hasan
Sadiyah Ahsan
Salman Adil
Shahid Shamim
Sharaf Ali Shah
Sohail Akhtar
Syed Mamun Mahmud
Uzma Fasih
Yasmin Wajahat
Zakiuddin G. Oonwala
Zubaida Masood

International Advisors

Ahmed Badar (KSA)
Amin Ali Muhammad Gadit (Canada)
Farhad Handjani (Iran)
Farrokh Habibzadeh (Iran)
Gerry Mugford (Canada)
Itrat Mehdi (Oman)
M.B. Heyman (USA)
Mihnea Alexandru Gaman (Romania)
Mohammad Bagher Rokni (Iran)

Mubeen Fatima Rafay (Canada)
Sanjay Kalra (India)
Seerat Aziz (USA)
Shabih Zaidi (UK)
Sultan Ayoub Meo (KSA)
Tanveer Azher (Canada)
Tahir Masood (UAE)
Zohra Zaidi (UK)
Osman Faruk (Turkiye)

The Journal of Pakistan Medical Association (JPMA) is published monthly from PMA House, Aga Khan III Road, Karachi-74400, Pakistan.

All articles published represent the opinion of the authors and do not reflect official policy of the journal. All rights reserved to the Journal of the Pakistan Medical Association. No part of the Journal may be reproduced, stored in a retrieval system, or transmitted in any form or by any other means, electronic, mechanical, photocopying, recording or otherwise, without prior permission, in writing, of the Journal of the Pakistan Medical Association.

Price: Rs.2,200/- (Single Issue)

Annual Subscription Rs.26,000/- in Pakistan and US\$450.00 for overseas countries (including air mail postage).

Publication Office: PMA House, Aga Khan III Road, Karachi-74400, Pakistan. Telephone/Fax: 9221-3226443.

E-mail: editor@jpma.org.pk

Volume 73, Number 8
August 2023 Pages 1573 - 1777

SHORT COMMUNICATION

1700 Post-stroke swallowing and communication complications: prevalence and association with comorbid conditions and risk factors
F. Ehsaan, N. Mumtaz, G. Saqulain

1703 Perceptions of intermediate students towards nursing as a career choice in Swat Khyber Pakhtunkhwa
A. Sultan, A. Bibi, H. Jamal, F. Ahmed, Shabana, M. Imran

SHORT REPORT

1706 The Imposter Syndrome in Surgical Residents
M. Zeb, S. K. Khattak, F. O. Shah, S. S. Shah, S. Q. A. Shah, A. Haseeb

1709 Incidental prostate cancer: a 23-year review of a tertiary care hospital
A. Khalique, M. Hussain, P. Kumar, M. Ali, A. S. Hassan, A. Hashmi

CASE REPORTS

1712 A case reported with 46, XX testicular disorders of sexual development and its possible association with dysembryoplastic neuroepithelial tumour
S. Furqan, M. Waleed, S. A. Maan, S. Batool, N. Haque

1716 An improvised approach for regaining mouth opening and managing tooth wear in oral sub-mucous fibrosis
F. R. Khan, M. R. Nazeer

1720 Potassium channel subfamily T member 1(KCNT1) pathological variant causing epilepsy of infancy with migrating focal seizures: a case report
P. Chand, M. Angez, A. N. Hameed, S. Kirmani

1723 Perioperative hypertensive response in a patient with implanted deep brain stimulation device: a case report
W. B. Ghaffar, M. A. Shahid, I. U Haq, M. Sohaib

1726 Case report of a rare incidentaloma of the adrenal gland—Schwannoma
U. M. Kathia, A. Ali, A. T. Alvi, A. W. Chaudhry, H. Elahi, K. H. Gondal

1729 Idiopathic pulmonary haemosiderosis: an unusual case of anaemia with pulmonary involvement
M. Khan, M. A. Gowa, G. Jamal, H. Nawaz, S. M. A. Abidi

1732 Spinal cord injury without radiographic abnormalities caused by rotation-stretching injury manifesting as Brown-Sequard syndrome: a case report
W. Zhong, M. Pu, Y. Zhang, P. Zhang, Y. Shen

1735 A novel experience of ultrasound-guided erector spinae plane block with sedation in breast cancer surgery: a case report
T. Alam, R. S. Qureshi, S. R. Mehdi

RECENT ADVANCES IN ENDOCRINOLOGY

1738 Endocrine Prehabilitation
S. Kalra, G. Sachdeva, N. Kapoor

PRIMARY CARE DIABETES

- 1740** Geriatric Goalposts: Of Independence And Interdependence
M. Dhar, M. Pathania, D. Khandelwal, S Kalra

BAROOCRINOLOGY

- 1742** Barometric Nervosa
S. Kalra, N. Kapoor, S. Arora

EVIDENCE BASED NEURO-ONCOLOGY

- 1744** The role of ¹⁸F-FDG PET/CT in evaluation of Primary CNS lymphoma: The path less travelled
S. Usmani, A. Jain, K. A. Riyami, S. P. Naumani, R. Al-Sukaiti, M. S. Shamim

IMAGING CORNER

- 1747** Gallbladder Emulating Hepatic Haemangioma on Gastrointestinal Bleed Scan
K. A. Hye, M. N. Younis

REHABILITATION SCIENCES CORNER

- 1749** An Overview of the Management and Rehabilitation of Dysphagia
M. Nakao-Kato, F. A. Rathore

LETTER TO THE EDITOR

- 1753** Osteoporosis's undertreatment in Pakistan
U. Atiq, R. Rafique, S. Atiq, E. Tehreem

- 1754** Climate Change, COVID-19, and Flood disasters in Pakistan
A. Muhammad, S. Noor

LETTER TO THE EDITOR

CRITIQUE

- 1755** Comment on Awais Ur Rehman, et al. (J Pak Med Assoc. 72: 2180-2183, 2022) Assessment of quality of life of stroke survivors and their caregivers presenting to a tertiary care hospital in Pakistan
M. T. Khalil, F. A. Rathore

LETTER TO THE EDITOR

REJOINDER

- 1757** Response Awais Ur Rehman, et al. (J Pak Med Assoc. 72: 2180-2183, 2022) Assessment of quality of life of stroke survivors and their caregivers presenting to a tertiary care hospital in Pakistan
A. U. Rehman, R. Niazi, H. U. Rehman, A. Javed

LETTER TO THE EDITOR

CRITIQUE

- 1759** Comment on Syeda Amna Bukhari, et al. (J Pak Med Assoc. 72: 1909-1912, 2022) Comparison of exergaming and vestibular training on gaze stability, balance, and gait performance of older adults: A single blind randomized control trial
M. T. Khalil, F. A. Rathore, I. Irshad

LETTER TO THE EDITOR

REJOINDER

- 1761** Response on Syeda Amna Bukhari, et al. (J Pak Med Assoc. 72: 1909-1912, 2022) Comparison of exergaming and vestibular training on gaze stability, balance and gait performance of older adults: A single blind randomized control trial
S. A. Bukhari, M. Ghous, P. Butt, S. K. Kiyani, A. Tariq

STUDENTS' CORNER

- 1762** Case Report: An unfortunate incident of a surgical swab left in the sphenoid sinus for eight years
H. Shah, I. M. Khan, A. Khan

- 1765** Letter to the Editor: Monsoon floods: A challenge to Pakistan's already fragile healthcare infrastructure
M. M. Nasir, A. B. Khan, S. H. Farhan

- 1767** Letter to the Editor: Prevalence of robotic surgery in Pakistan
H. Naveed, T. Naveed, A. Farooqui

- 1768** Letter to the Editor: Devastating floods and period poverty: Leaving women exposed to severe health outcomes
H. Aslam, S. A. Rizvi

- 1769** Letter to the Editor: Awareness of Use of GLP-1 agonists in the treatment of Diabetes Mellitus in Pakistan
M. U. Baig, M. A. Farooq

- 1770** Letter to the Editor: Association of Pre-Infection Vitamin D status with COVID-19 severity
I. E. Ahmed, A. Ali, A. Humayun

- 1771** Letter to the Editor: Rampant use of Nimesulide in Pakistan, a drug associated with hepatotoxicity
M. Umar, M. A. B. Naeem

- 1772** Letter to the Editor: Machine-based algorithm: a revolution we need for early sepsis diagnosis in hospitals
M. U. Shahid, M. Furqan, S. Z. Fatima

- 1774** Letter to the Editor: Rise of tuberculosis globally after a decline
N. Zafar, R. Khaliq, M. Memon

- 1775** Letter to the Editor: Glyphosate - A Silent, Slow Killer?
H. Saleem, A. R. Awan

- 1776** Letter to the Editor: Tocilizumab; A potential remedy against the ever-evolving threat of Coronavirus-2 (SARS-CoV-2)
G. M. A. Malik, S. Faheem