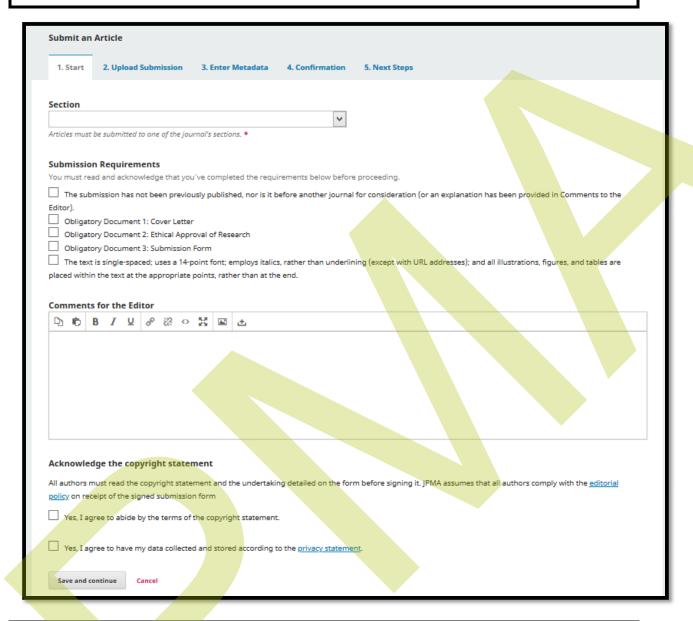
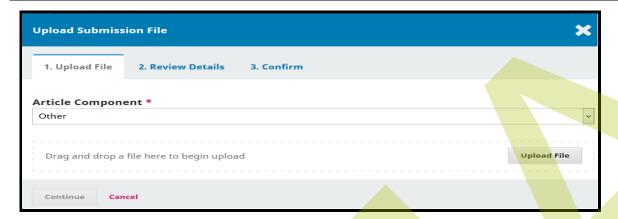
<u>Step # 1 :</u> Select Category of article, Check all boxes, Leave blank Comments for the editor, Submit as Author click save and continue.



Step # 2 : Article Component-OTHER, click continue.



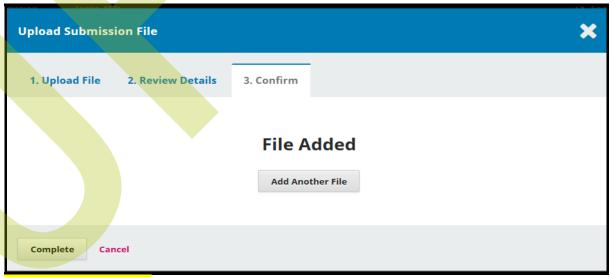
Step # 3 : Upload Manuscript Word document file, click continue.



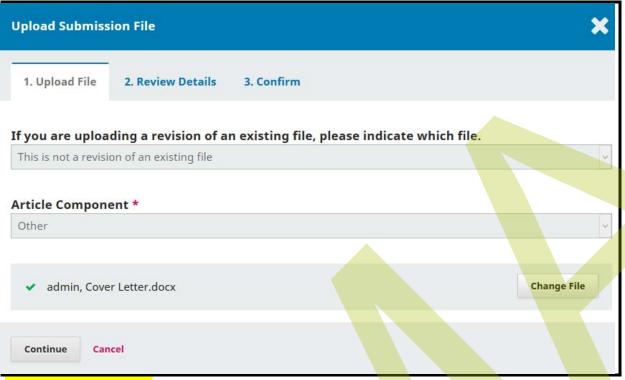
Step # 4 : Leave all fields blank, click continue.



<u>Step # 5</u>: Upload one by one all the files you have (COVER LETTER, ETHICAL APPROVEL, SUBMISSION FORM, FIGURES, TABLES, Questionnaire) etc, after upload ONE file click complete, continue and then upload SECOND.

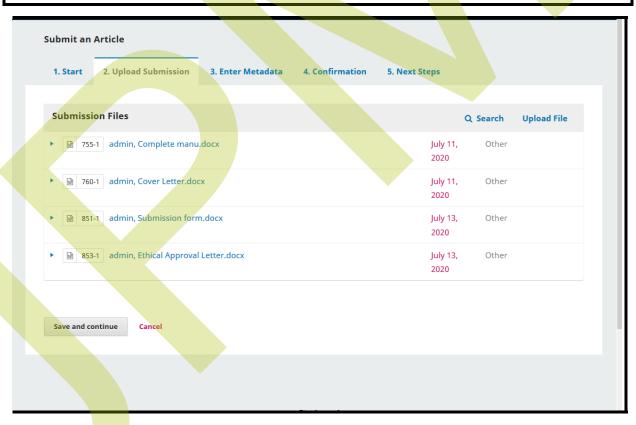


Step # 5 - picture A



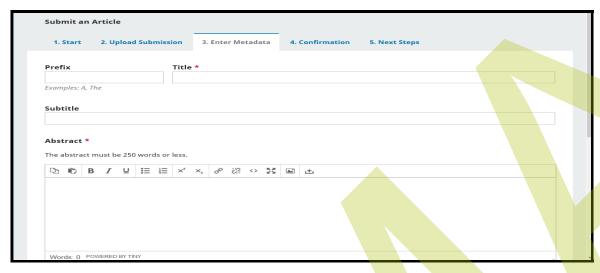
Step # 5 - picture B

Step # 6 : After uploading all the files, click save and continue.



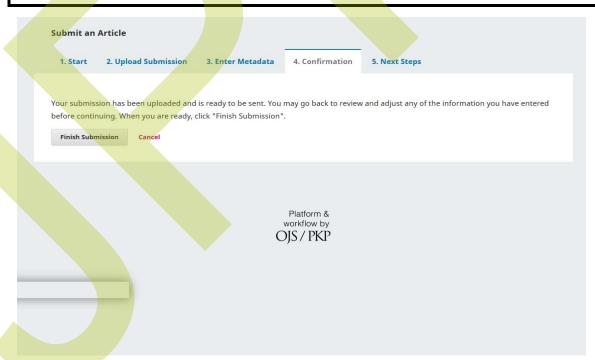
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We thank you for patience and co-operation.